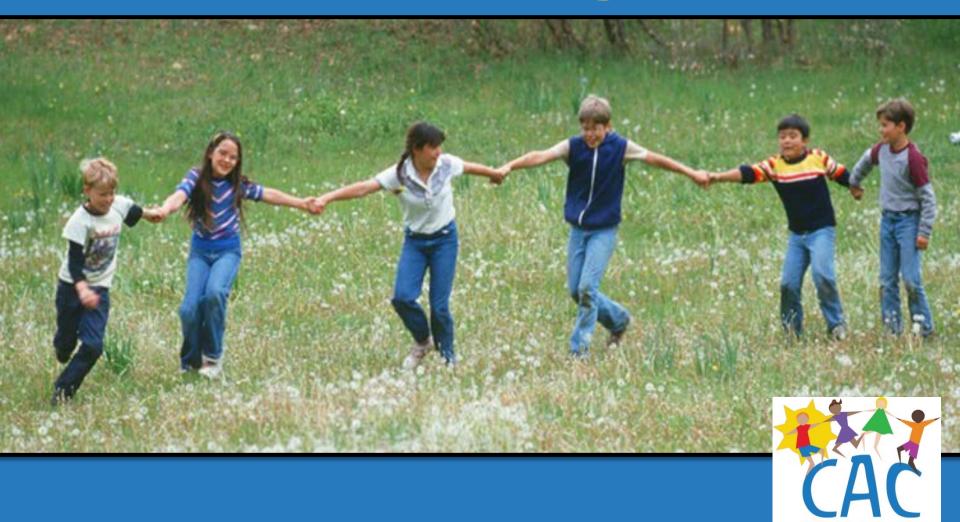
## Strong Communities Raise Strong Kids



Mendocino County

### Adverse Childhood Experiences: Why Prevention & Intervention Matter



Mendocíno County



- ACEs
- Why ACEs matter
- ACEs and Results in Mendocino Cty
- What can we do



### What are ACEs? Adverse Childhood Experiences

# unpleasant, unhappy experiences

# toxic stress childhood trauma





Traumatic Childhood Experiences AFFECT brain development & HARM long-term health

### How do we know these effects?

# CDC & Kaiser Study

# 17,000 people

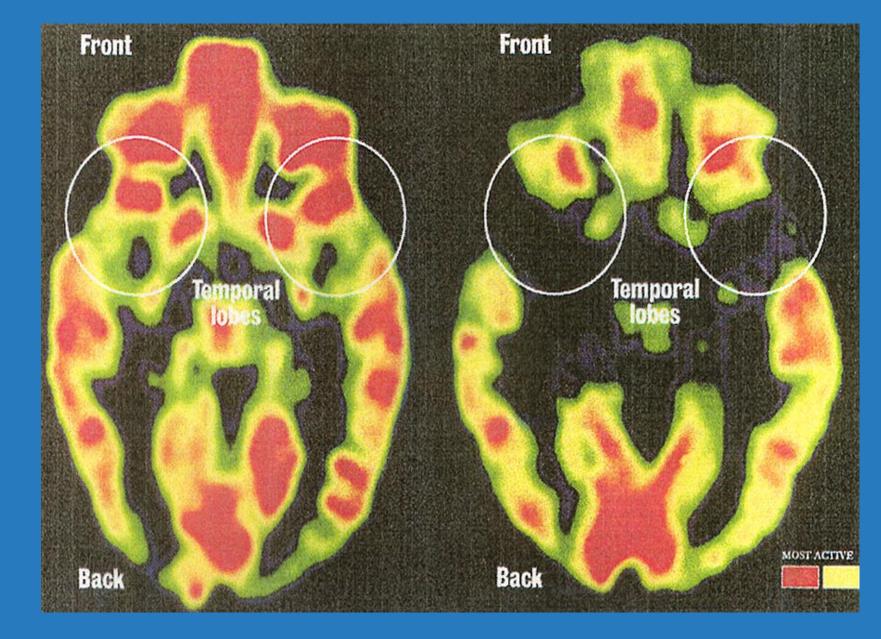
# Modern Imaging







# Effect of Extreme Deprivation



### Healthy Child

**Neglected Child** 



# ACEs Why ACEs matter ACEs and Results in Mendocino Cty What can we do



### **ACE Scores**

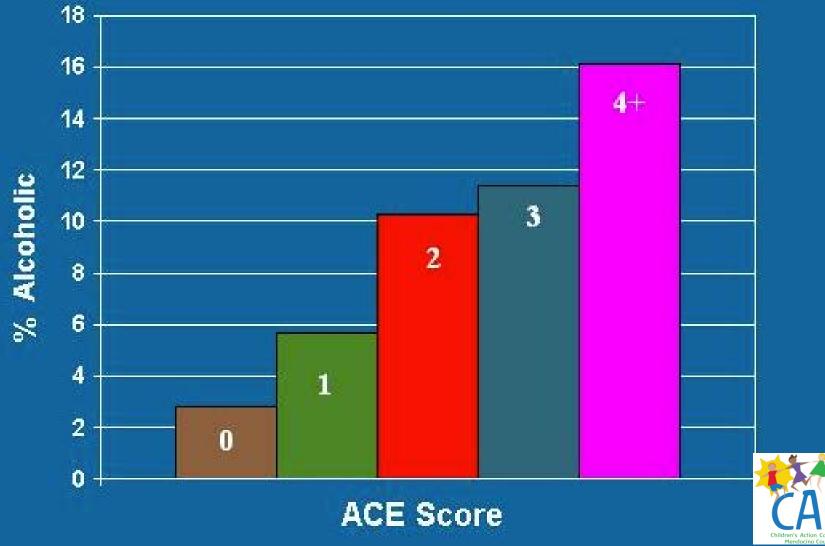
Adverse Childhood Experiences



Adult Health & Well-Being

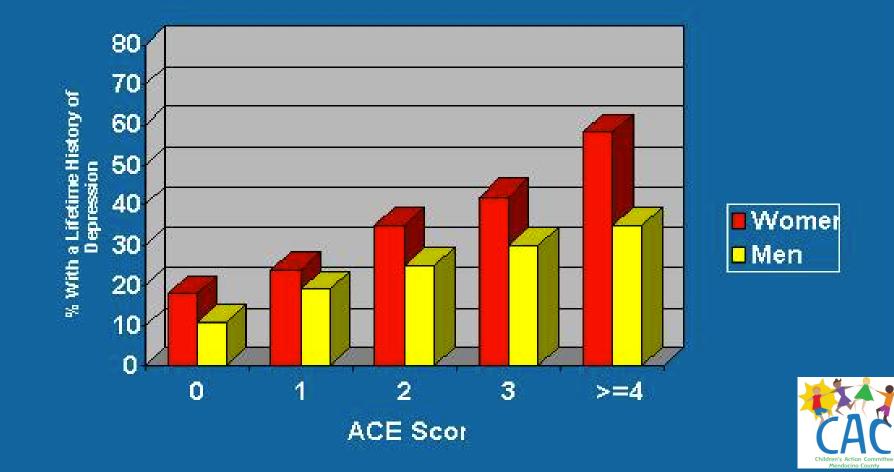


### Childhood Experiences vs. Adult Alcoholism



### ntal Health

### Childhood Experiences Underlie Chronic Depression

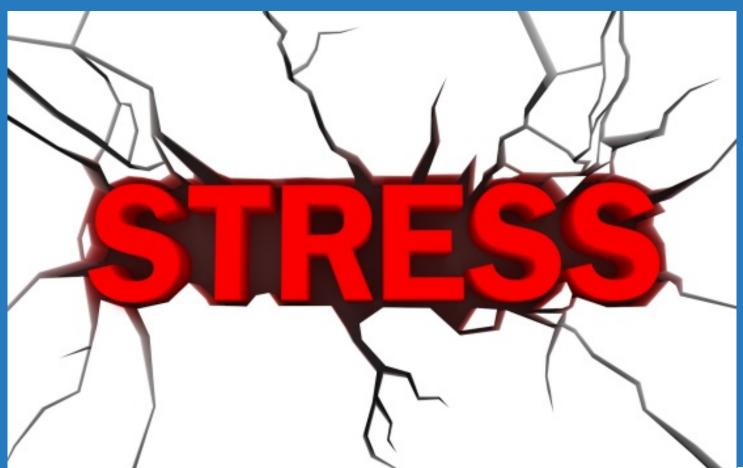


### **Mendocino County ACE Scores**

- Average ACE score of 3
- 28.4 percent of Mendocino County children living below poverty
- Rate of confirmed cases of child abuse
- (17.9 per 1,000) is 8th highest in State
- More than double the statewide average (8.7 per 1,000)



### Higher ACE score means more







### • ACEs

• Why ACEs matter

# ACEs and Results in Mendocino County

• What can we do



### Higher ACE score means more

More MC Adults in the criminal justice system More MC Adults with more obesity More MC Adults who smoke More MC Alcohol-related motor vehicle collisions More MC Adults committing suicide More MC child abuse and neglect





- ACEs
- Why ACEs matter
- ACEs and Results in Mendocino County

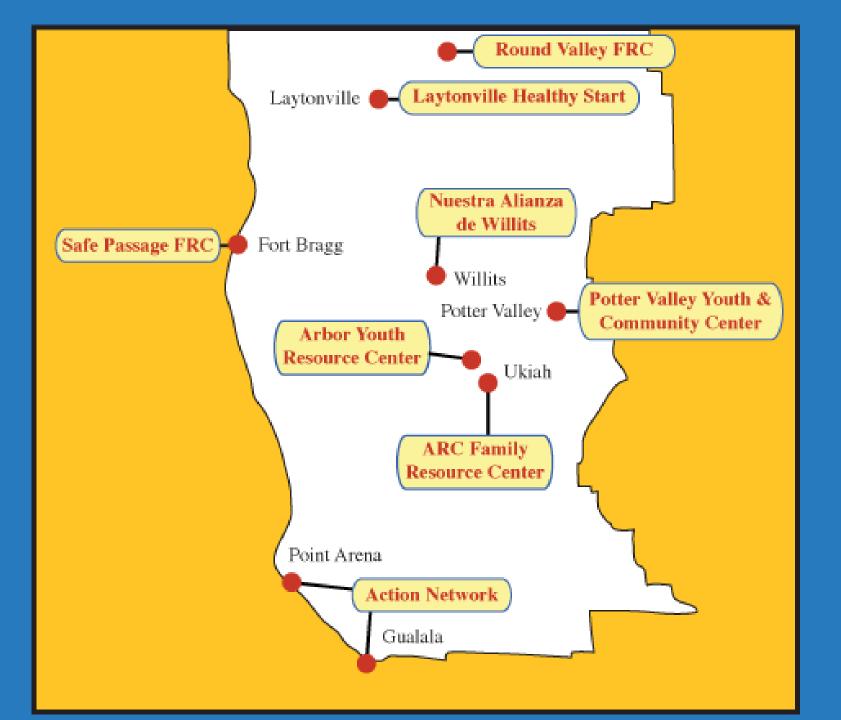
# • What can we do





### Caring Communities Can Help Reduce ACEs

- Safe, stable, nurturing relationships and environments for all children
- Willing to take action to realize that vision.
- Our Family Resource Centers (FRCs) are geographically prepared to help reduce ACEs!



Last year, we asked the BOS to commit sustainable funding of \$50K for each Family Resource Center (FRC). And we're asking again...



### **Funding Sources**

- OCAP
- VOCA
- ACA-Home & Community
- Public Health MAA & TCM

JUST TO NAME A FEW...



### FRCs provide VOCA Allowable Costs for Direct Services

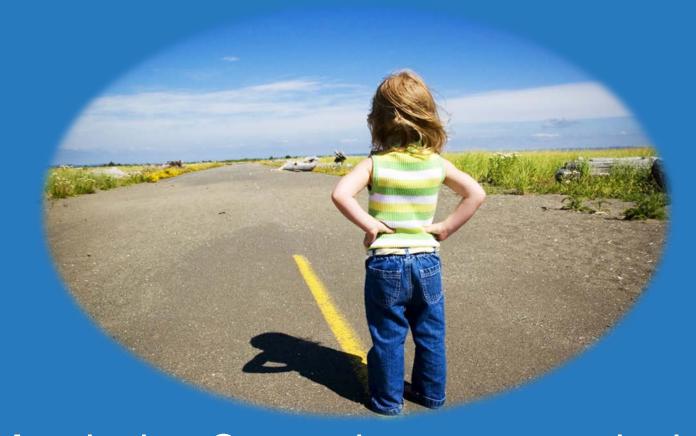
- Immediate Health and Safety services
- Hotline counseling;
- Emergency food, clothing, transportation, and shelter Mental Health Assistance
- Costs Necessary and Essential to Providing Direct Services
- Volunteers





- VOCA Funding in the amount of \$223,504 is now available with a submission date of May 24th.
- CAC requests the submission of this RFP with a commitment of this funding to our County's FRCs.





If Mendocino County is to *prosper* in the future, children must be free of ACES developing intellectually, socially, emotionally so as adults they are healthy & employed.