



Mendocino County Health and Human Services Agency

Healthy People, Healthy Communities

Carmel Angelo
Director

Susana Wilson
Assistant Director

Administration
1120 S. Dora St.
Ukiah, CA 95482
Ph.: (707) 472-2333
Fax: (707) 472-2335

**Employment and Family
Assistance Services**
Sandi Brown, Deputy Director
(707) 463-2437
Fax: (707) 463-7859

Fiscal
Doug Gherkin,
Chief Financial Officer
(707) 463-7882
Fax: (707) 467-5813

Staff Resources
Pat Meek, Manager
(707) 463-7722
Fax: (707) 467-5834

❖
**Adult and Older Adult
System of Care**
Susan Era, Director
747 S. State St.
Ukiah, CA 95482
(707) 463-7900
Fax: (707) 463-7979

❖
**Children and Family
System of Care**
Mary Elliott, Director
860 N. Bush St.
Ukiah, CA 95482
(707) 463-5481
Fax: (707) 463-4043

❖
**Community Health
Services**
Stacey Cryer, Director
1120 S. Dora St.
Ukiah, CA 95482
(707) 472-2600
Fax: (707) 472-2773

Press Release

FOR IMMEDIATE RELEASE

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Contact: Meredyth Reinhard, Senior Program Specialist

Phone: 707.472.2614

Email: reinharm@co.mendocino.ca.us

April is Alcohol Awareness Month

To recognize the serious problem of alcohol abuse, April is designated "Alcohol Awareness Month."

When many people think of alcohol abusers, they picture teenagers sneaking drinks before high school football games or at unsupervised parties. However, alcohol abuse is prevalent within many demographic groups in the United States. People who abuse alcohol can be: college students who binge drink at local bars; pregnant women who drink and put their babies at risk for fetal alcohol syndrome; professionals who drink too much after a long day of work; senior citizens who drink out of loneliness. If you suspect that you might have a drinking problem, or you know someone who abuses alcohol, please contact SAMHSA's National Clearinghouse for Alcohol and Drug Information (NCADI) at 1-800-729-6686.

This message is provided by 'Steer Clear', a program of the Mendocino County Health and Human Services Agency, Community Health Branch, Alcohol and Other Drug Programs Youth Services.

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