



Mendocino County Health and Human Services Agency

Healthy People, Healthy Communities

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Press Release

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FOR IMMEDIATE RELEASE

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Did you know that Mendocino is among the California counties with the highest percentage of residents who smoke, have high blood pressure and die of heart failure? What can we do?

Join us in strategizing ways to increase county residents' use of the free California Smokers Quitline - [1-800-NOBUTTS](tel:1-800-NOBUTTS) or www.nobutts.org. Both are free and available to residents who live too far from the traditional resources offered by our clinics and hospitals.

Lunch and a community discussion will be held on June 2nd from 10:00 AM until 2:00 PM in the Mendocino Coast District Hospital Redwoods Room, 775 River Drive, Fort Bragg. Not intended for health care providers alone, this invitation is for health conscious community members!

Sponsored by Mendocino County HHSA Community Health Services with funding provided by the California Collaborative for Chronic Disease Prevention, in collaboration with Mendocino Coast Hospital Foundation and Mendocino Coast District Hospital.

RSVP to Christine Cliburn cliburnc@co.mendocino.ca.us or 472-2699.

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