



Mendocino County Health and Human Services Agency

Healthy People, Healthy Communities

Press Release

Carmel Angelo
Director

Susana Wilson
Assistant Director

1120 S. Dora St.
Ukiah, CA 95482
Ph.: (707) 472-2600
Fax: 472-2335



**Adult and Older Adult
System of Care**

Susan Era, Director
747 S. State St.
Ukiah, CA 95482
(707) 463-7900
(707) 463-7979



**Children and Family
System of Care**

Mary Elliott, Director
860 N. Bush St.
Ukiah, CA 95482
(707) 463-5481
(707) 463-4043



**Community Health
Services**

Stacey Cryer, Director
1120 S. Dora St.
Ukiah, CA 95482
(707) 472-2600
(707) 472-2773



Administrative Offices

Staff Resources
Pat Meek, Manager
(707) 463-7722

Fiscal
Doug Gherkin, Chief
Financial Officer
(707) 463-7882



Date: August 31, 2009

FOR IMMEDIATE RELEASE

Contact: Theresa McNerlin
H1N1 Public Information Officer

Phone: 472-2794

Email: mcnerlit@co.mendocino.ca.us

“DON’T LET THE FLU GET YOU” POSTER CONTEST

Ukiah, CA – “It’s important to us to get the message out that there is a lot we can do individually to prevent the spread of the flu. With our children in school, flu season approaching, and H1N1 circulating through our community, it is critically important to minimize the spread of germs in the schools. This poster contest is one way that we can get the youth involved and educated,” stated Stacey Cryer, Director of Community Health Services for Mendocino County.

All students, K-12, may participate in the poster contest. The theme is “Don’t Let the Flu Get to You.” Messages that may be used in creating the poster are:

- Cover your cough and sneeze
- If you’re sick stay home
- Wash your hands with soap and water frequently
- Get vaccinated
- Fight the flu
- Stop the spread of germs
- Be a germ buster
- Things you can do to prevent the flu

All artwork must be 8.5 x 11 inches. No signatures or initials may appear on the front of the artwork. Artwork will be accepted in the form of painting, pencil, or crayon drawing, graphic art or photography. One entry per



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participant will be accepted. Student name, age, grade, and school name must be printed legibly on the back of the entry. There are three categories based on grade: Kindergarten-5, 6-8, and 9-12. The winner in each category will receive a \$100 prize.

Please submit all entries by September 11th to:

Mendocino County HHSA, Community Health Services

Attn: Guadalupe Chavez

1120 S. Dora Street, Ukiah, CA 95482

Prizes donated by Carmel Angelo, Mendocino County HHSA Director, Dr. Marvin Trotter, Mendocino County Public Health Officer, and Ukiah Valley Medical Center.

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Flyer attached